

2014 MID PENN PLUNGE WARM-UP TIMES

LANE	7:30 -8:00	8:00 – 8:30	8:30 – 9:00	9:00 – 9:30	9:30 – 9:45
1	Carlisle & Northern	Central Dauphin & CD East	Big Spring & East Pennsboro	Mifflin County & State College	<i>SPRINTS – ALL TEAMS</i>
2				Susquehanna Township & Susquenita	
3			Lower Dauphin & Delone Catholic		
4	Shippensburg				
5	Bishop McDevitt & Trinity	Hershey & Harrisburg Academy		James Buchanan & Milton Hershey	
6			Halifax & Millersburg	Biglerville, Greenwood, Hanover, Harrisburg Christian, Littlestown, & Middletown	